

## Living with Lymphoedema

Tuesday 19 September 2017

---

<b>Venue:</b>	The Education and Conference Centre, Stewart's Grove, SW3 6JJ.	
<b>Aim:</b>	This study day is an update day for healthcare professionals working with people with lymphoedema and chronic oedema.	
<b>Objectives:</b>	-To critically explore the latest evidence in relation to lymphoedema management -To critically discuss the implications of this in relation to clinical practice -To provide a networking opportunity	
<b>Cost:</b>	£100 'Early Bird Rate' until 30th April	£120 Thereafter

---

### Programme

#### 09.00 Registration

09.30 Welcome and introduction  
Mary Woods, Lead Nurse & Katharine Malhotra, Allied Health Lecturer Practitioner  
The Royal Marsden NHS Foundation Trust

09.45 Commissioning lymphoedema services  
Dr Karen Robb, NHS South East Commissioning Support Unit

10.30 Setting the context: Exploring different oedemas  
Dr Kristiana Gordon, Consultant in Dermatology & Lympho-vascular medicine  
St George's University Hospital NHS Foundation Trust

#### 11.15 Coffee

11.40 Giving men a voice: development of a lymphoedema self-report tool for men after genitourinary cancer  
Dr Rhian Noble-Jones, Research Fellow and Lecturer, University of Glasgow

12.05 LVA: evaluating the 3D camera  
Cheryl Pike, National Macmillan Innovations, Lymphoedema Specialist, Neath

#### 12.30 Lunch

13.20 Improving the efficiency of prescribing compression garments in primary care  
Mary Woods, Lead Nurse, The Royal Marsden NHS Foundation Trust

13.50 Adjustable Velcro wraps and their use with patients who have lymphoedema  
Rachel Day, Lymphoedema Therapist, The Royal Marsden NHS Foundation Trust

14.10 Breast oedema - developing information for patients  
Mary Woods & Jane Gauld, The Royal Marsden NHS Foundation Trust

14.30 Exploring cellulitis guidelines  
Katie Riches, Senior Research Nurse, Derby Teaching Hospitals NHS Foundation Trust

#### 14.55 Coffee

15.15 Current exercise recommendations – what does the evidence suggest?  
Katharine Malhotra, The Royal Marsden NHS Foundation Trust

15.45 Chaired discussion - Q&A

16.15 Closing remarks



