The 10th Royal Marsden Pain and Opioid Conference

Thursday 16th – Friday 17th November 2017
The Royal Marsden Education and Conference Centre, Stewart’s Grove, London SW3 6JJ
www.royalmarsden.nhs.uk/painconference

Sponsored by

The above sponsors have provided funding to enable this meeting to take place. They have stands at the meeting but have had no input into the programme, selection of speakers or topics.

CPD accreditation applied for from the Royal College of Physicians
Dear Colleagues,

It is a great pleasure once again to invite you to the 10th Royal Marsden Pain and Opioid Conference. This follows on from last year’s very successful event organised as part of the 4th Global Conference on Perioperative Care of the Cancer Patient.

Opioids still form the mainstay of many types of pain for both cancer and non-malignant pains. Although there is evidence for their effect, opioids also are associated with significant side effects in the short and long term. This day will examine these varied aspects of opioids from targeting multiple receptors to a detailed examination of adverse gastrointestinal effects. We will also hear up to date reviews on opioids for non-malignant pain, addiction, the use of opioids at end of life and in paediatric practice from experts in these fields. The programme aims to update practitioners with useful and informative facts that will keep their opioid knowledge fresh and contemporaneous.

We do hope you will be able to join us for this exciting and challenging event.

Kind regards,

Dr. Paul Farquhar-Smith
Consultant in Pain Management, Anaesthetics, and Intensive Care Medicine, The Royal Marsden NHS Foundation Trust

Conference Aim

- Opioids are commonly used for the management of severe pain.
- This conference presents new information concerning opioids examining scientific and clinical subjects germane to patients and practitioners. Novel opioid-related topics and updates on existing issues will seek to educate those who deal with opioids in whatever professional capacity.
- This conference is appropriate for clinicians, clinical nurse specialists and scientists with an interest in pain.

Topics include

- Implications of basic science
- Opioids in clinical practice
- Other aspects of opioids
- Opioids for specific indications

Programme of Events

Day 1

<table>
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<tr>
<th>Time</th>
<th>Event</th>
<th>Chair/Professor</th>
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<tr>
<td>09.00–09.30</td>
<td>Registration and coffee</td>
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<tr>
<td>09.30–09.40</td>
<td>Introduction</td>
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<td></td>
<td><strong>Morning Session: The Science</strong></td>
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<tr>
<td>09.40–10.20</td>
<td>The science of opioids</td>
<td>Professor Anthony Dickenson</td>
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<td>Professor of Neuropharmacology, University College London</td>
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<tr>
<td>10.20–11.00</td>
<td>Multiple targeting of opioid receptor types</td>
<td>Professor David Lambert</td>
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<td>Professor of Anaesthetic Pharmacology, Leicester Royal Infirmary, Leicester</td>
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<td>11.00–11.30</td>
<td>Coffee</td>
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## Mid morning Session: The controversies part 1

<table>
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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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| 11.30 – 12.10 | **Opioids and cancer progression: baby or bathwater**     | Dr Timothy Wigmore  
Consultant in Critical Care and Anaesthesia, The Royal Marsden NHS Foundation Trust |
| 12.10 – 12.50 | **Opioid induced hyperalgesia – lost in translation?**  | Dr Kirsty Bannister  
Senior Research Associate of Pharmacology, University College London |
| 12.50 – 13.00 | **Lunch**                                                       |                                                                                                   |

## Afternoon Session: The controversies part 2

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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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| 13.00 – 14.00 | **Opioids for non-malignant pain**                               | Dr Cathy Stannard  
Consultant in Pain Medicine, Frenchay Hospital, North Bristol NHS Trust |
| 14.00-14.40 | **Opioids, addiction and dependence**                         | Professor David Nutt (TBC)  
Professor of Pharmacology, Henry Wellcome L.I.N.E, University of Bristol |
| 14.40 – 15.10 | **Coffee**                                                     |                                                                                                   |

## Mid Afternoon session: ‘Atypical’ opioids

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>15.10 – 15.40</td>
<td><strong>Buprenorphine</strong></td>
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<td>15.40 – 16.10</td>
<td><strong>Methadone</strong></td>
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<td>16.10 – 16.40</td>
<td><strong>Tapentadol</strong></td>
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<td>16.40 – 17.00</td>
<td><strong>Summary and close</strong></td>
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## Day 2

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<tr>
<td>09.00 – 09.30</td>
<td><strong>Registration and coffee</strong></td>
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## Morning Session: Practicalities 1

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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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| 09.30 – 10.10 | **Intrathecal opioid therapy: acute and chronic**    | Dr Paul Farquhar-Smith  
Consultant in Anaesthesia, Pain Medicine and Critical Care, The Royal Marsden NHS Foundation Trust |
| 10.10 – 10.50 | **Transitional clinics for opioids**                          | Dr Matthew Brown  
Consultant Anaesthetist, The Royal Marsden NHS Foundation Trust |
| 10.50 – 11.20 | **Coffee**                                                    |                                                                                                   |

## Mid-morning Session: Practicalities 2

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<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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| 11.20 – 11.50 | **Nurse prescribing of opioids**                                | Anne-Marie Stevens  
Macmillan Nurse Consultant Palliative Care, The Royal Marsden NHS Foundation Trust |
| 11.50 – 12.20 | **Legislative aspects of opioids**                              | Suzanne Chapman  
Clinical Nurse Specialist Pain Management, The Royal Marsden NHS Foundation Trust |
| 12.20 – 13.00 | **Lunch**                                                       |                                                                                                   |
| 13.00 – 13.40 | **Weaning off opioids: too fast, too slow?**                   | Dr John Williams  
Consultant in Anaesthesia and Pain Medicine, Head of Pain Services, The Royal Marsden NHS Foundation Trust |
| 13.40 – 14.20 | **Topic to be confirmed**                                      | Professor Mike Bennett (TBC)  
St Gemma’s Professor of Palliative Medicine, University of Leeds |
| 14.20 – 14.50 | **Coffee**                                                     |                                                                                                   |
| 14.50 – 15.20 | **New methods of opioid delivery**                             | Professor Richard Langford  
Professor of Anaesthesiology, Bart’s and The London NHS Trust |
| 15.20 – 15.50 | **Opioids for end of life care**                               | Dr Jayne Wood  
Consultant in Palliative Medicine Clinical Lead |
| 15.30 – 16.00 | **New horizons for opioid induced constipation**               |                                                                                                   |
| 16.00 – 16.30 | **Question and answer session**                                |                                                                                                   |
| 16.30 | **Summary and close**                                           |                                                                                                   |
The 10th Royal Marsden Pain and Opioid Conference

Thursday 16th – Friday 17th November 2017

2 Days  £350 Full Delegate
        £250 Trainees and CNSs
1 Day   £200 Full Delegate
        £150 Trainees and CNSs

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