Royal Marsden Testicular and Bladder Cancer Meeting – Improving Outcomes with Multidisciplinary Care

Friday 14th October 2016
The Royal Marsden Conference Centre, Stewart’s Grove, London SW3 6JJ
www.royalmarsden.nhs.uk/bladdertesticular
Introduction

Dear Colleagues

It is with pleasure that we invite you to participate in a very exciting Testicular and Bladder Cancer meeting. These cancers are the focus of our Urological Oncology Educational Day – which is an annual event.

Testicular cancer is a disease largely restricted to young adult men whereas the bladder cancer affects both sexes but at a much later stage in life. Despite their differences they are both previously lethal diseases but now characterised by the successful outcomes associated with multimodality care combining surgery, chemotherapy and radiotherapy for locally advanced and metastatic disease as well as rigorous surveillance strategies for low stage tumours.

In both diseases treatments may be associated with consequences that may impact on quality of life. These include functional and body image issues which may influence treatment decisions. Consequently management is underpinned by a multidisciplinary approach dealing with both effective treatment of the cancer as well as the side effects of treatment. Balancing these, at times, conflicting issues is thus one of the major challenges in caring for patients with these conditions.

A specific challenge for clinicians is to ensure that radical therapies, usually requiring a combination of modalities, is appropriately provided to optimise outcome but balanced by the need to avoid overtreatment in selected patients who will experience unnecessary treatment related morbidity.

Care is thus underpinned by note only multispecialty management but also tailoring options to individual patients to ensure that the best long term outcome both during and after completion of treatment.

This year we are privileged to have the opening keynote address by Dr Stephen Watson who will provide valuable insight into the impacts that multimodality treatment has on the patient and family – physically, emotionally and psychologically.

As with previous meetings we will use interactive case discussions involving the faculty and audience to highlight the treatment dilemmas confronting patients with both these diseases and the pivotal points to be considered in their immediate and long term care.

The Organisers

Professor David Nicol
Consultant Urological Surgeon/Chief of Surgery,
The Royal Marsden NHS Foundation Trust

Mr. Pardeep Kumar
Consultant Urological Surgeon,
The Royal Marsden NHS Foundation Trust

Conference Aim

The aim of the study day will be to highlight the treatment options for patients with both testicular and bladder cancer. The objective will be to cover both early stage and advanced disease, including the side effects of treatments for advanced disease as well as strategies to identify and manage the subset of patients with early disease who at risk of disease progression.

Topics to Include

Topics covered will include historical perspective of these cancers and how their management has evolved to both improve survival and the consequences of treatment. Case based discussions with expert panels and audience interaction will be used to outline treatment strategies for individual patients with particular emphasis on the contributions of specialists required to achieve the best outcomes in both terms of quality of life and survival.

Target Audience

The talks and discussions will be targeted at a multidisciplinary audience, medical and nursing, trainee and specialist and that at the end of the day attendees will have an up to date understanding of the complex issues and current management strategies for both testicular and bladder cancer.

Professor David Nicol
Consultant Urological Surgeon/Chief of Surgery,
The Royal Marsden NHS Foundation Trust

Mr. Pardeep Kumar
Consultant Urological Surgeon,
The Royal Marsden NHS Foundation Trust
# Programme of Events

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<th>Time</th>
<th>Event</th>
<th>Chair/Position</th>
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<tr>
<td>08.45</td>
<td>Registration and Coffee</td>
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</table>
| 09.20 | Welcome                                                              | Chairman: David Nicol  
Chief of Surgery  
The Royal Marsden NHS Foundation Trust |
|       | **Morning Session – Testicular Cancer**                              |                                                                              |
| 09.25 | Introduction                                                         | Chairman: David Nicol  
Chief of Surgery  
The Royal Marsden NHS Foundation Trust |
| 09.30 | **Key Note Address:** Impact of the treatment journey on the patient | Dr Stephen Watson  
General Practitioner  
Peterborough |
| 10.00 | **Case based discussions**                                          | Members of the Panel  
Panel Chairman:  
David Nicol  
Chief of Surgery  
The Royal Marsden NHS Foundation Trust |
|       | a. **Case 1 – A 35 year old man with a history of cryptorchidism presents with a small testicular mass** | Faculty:  
Stephen Watson  
General Practitioner  
Peterborough  
Steve Hazell  
Consultant Uro-pathologist  
Royal Marsden NHS Foundation Trust  
Michael Seckl  
Consultant Medical Oncologist and Professor of Molecular Cancer Medicine  
Imperial College Healthcare NHS Trust and Imperial College London  
David Hrouda  
Clinical Lead in Urology  
Imperial College Healthcare NHS Trust  
Alison Reid  
Medical Oncologist  
Royal Marsden NHS Foundation Trust  
Aslam Sohaib  
Consultant Radiologist  
Royal Marsden NHS Foundation Trust  
Erik Mayer  
Consultant Urologist and Senior Lecturer in Urology  
Royal Marsden NHS Foundation Trust and Imperial College London  
Asif Muneer  
Consultant Urological Surgeon and Andrologist and Senior Lecturer  
University College London Hospital NHS Foundation Trust and University |
|       | b. **Case 2 – A 22 year old man is referred following orchidectomy with a CT demonstrating an enlarged retroperitoneal lymph node** |                                                                              |
|       | Topics covered                                                      |                                                                              |
|       | • Diagnosis and assessment                                          |                                                                              |
|       | • Surveillance and adjuvant therapies                               |                                                                              |
|       | • Bilateral testicular tumours                                      |                                                                              |
|       | • Partial orchidectomy                                              |                                                                              |
|       | • Fertility problems and options                                    |                                                                              |
|       | • Hypogonadism                                                      |                                                                              |
|       | • Primary RPLND                                                      |                                                                              |
|       | • Implications of chemotherapy                                      |                                                                              |
|       | • New imaging modalities and their role in staging and treatment    |                                                                              |
|       | • RPLND techniques and complications                               |                                                                              |
|       | • Salvage therapies                                                 |                                                                              |
| 12.30 | **Lunch and Exhibition**                                            |                                                                              |
# Programme of Events

## Afternoon Session – Bladder Cancer

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<tr>
<th>Time</th>
<th>Event Description</th>
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<tr>
<td>13.30</td>
<td><strong>Introduction</strong></td>
<td>Chairman: Mr. Pardeep Kumar&lt;br&gt;Consultant Urological Surgeon, The Royal Marsden NHS Foundation Trust</td>
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<tr>
<td>13.35</td>
<td><strong>Key Note Address:</strong> Diversion after cystectomy – is offering orthotopic reconstruction enough?</td>
<td>Professor Christopher Woodhouse&lt;br&gt;Consultant Urological Surgeon, The Royal Marsden NHS Foundation Trust</td>
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<tr>
<td>14.05</td>
<td><strong>Case based discussions</strong>&lt;br&gt;Case 1 – A 50 year old woman with a history of recurrent UTI is diagnosed with bladder carcinoma in situ.</td>
<td>Members of the Panel&lt;br&gt;Panel Chairman: Mr. Pardeep Kumar&lt;br&gt;Consultant Urological Surgeon, The Royal Marsden NHS Foundation Trust&lt;br&gt;Faculty:</td>
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<td></td>
<td>Topics covered&lt;br&gt;• Diagnosis and assessment&lt;br&gt;• Intravesical therapies&lt;br&gt;• Methods of dealing with ‘treatment failure’&lt;br&gt;• Minimally invasive vs. open exenteration&lt;br&gt;• Sexual function post cystectomy</td>
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<td>14.35</td>
<td><strong>Tea Break</strong></td>
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<td>14.55</td>
<td><strong>Case 2 – A 65 year old man is diagnosed with G3pT1 TCC bladder.</strong></td>
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<td>Topics covered&lt;br&gt;• Re-resection and the role of random bladder biopsy&lt;br&gt;• Role of chemotherapy&lt;br&gt;• Radical radiotherpay&lt;br&gt;• Radical surgery&lt;br&gt;• Options for reconstruction</td>
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<td><strong>Case 3 – A 74 year old man is diagnosed with recurrent bladder cancer post radiotherapy.</strong></td>
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<td>Topics covered&lt;br&gt;• Management of bladder symptoms post radiotherapy&lt;br&gt;• Role of further intravesical therapy&lt;br&gt;• Salvage options&lt;br&gt;• Palliation for the inoperable patient</td>
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<td>16.30</td>
<td><strong>Closing Remarks</strong></td>
<td>Chairman: Professor David Nicol&lt;br&gt;Consultant Urological Surgeon/Chief of Surgery</td>
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Signature

Date   /   /

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Event ID: 541

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